

2018 Zhen Ren Chuan Events

ADULT FORM & MOVEMENT SEMINARS

January 26, 2018, 7:00-8:30PM Kubaton Key Chain Self Defense Seminar

March 29, 2018, 7:00PM-9:30PM Sifu Tim Lavellee, 5 Element Tai Chi & Chi Gong Seminar

June 9, 2018, 1:30PM-3:30PM; Nahant Beach Pot Luck Gathering-Entrance #15

July 19 & 20, 2018, 8:30AM-4:30PM: Nahant Beach Tiger Form & Tai Chi Straight Sword-Entrance #15

September 20 & 21, 2018, Nahant Beach Tai Su & Bagua Yue (Deer Horn Knives) Seminar-Entrance #15

DROP-IN YANG & CHUNG STYLE TAI CHI/CHI GONG/SEA TURTLE MEDITATION

(open to the public)

Most Saturday throughout the year 8:00-9:00AM-Instructor Charles

ADULT BEACH LESSONS FRIDAYS (Zhen Ren Chuan Adults)

Select 12:00PM or 7:00PM Fridays year-round during low tide

See Bulletin Board for dates, times, and location – Instr. Charles
Lesson will be at one of the following locations:

King's Beach, Lynn, MA across from Wallace Road and Lynn Shore Drive

Revere Beach, Revere, MA across from 474 Revere Beach Boulevard (The Breakers)

Nahant Beach, Nahant, MA in front Entrance 15-Nahant Beach

SCHOOL CLOSED SUMMER BREAK

August 23, 24 & 25, 2018

ARLINGTON FOOD PANTRY DRIVE

April 28, 2018 11:00AM-3:00PM

December 1, 2018 11:00AM-3:00PM

SPY POND CLEAN-UP

July 21, 2018 10:00AM-1:00PM

August 18, 2018 10:00AM-1:00PM

September 29, 2018 10:00AM-1:00PM

October 20, 2018 10:00AM-1:00PM

OPEN HOUSE & DEMONSTRATIONS

February 3, 2018 Hardy International Fair Demonstration

May 19, 2018 Belmont Town Day Demonstration & Booth

June 2, 2018 Winchester Town Day Demonstration & Booth

June 16, 2018 Feast of the East Booth

June 23, 2018 Arlington Center Block Party Booth & Demonstration

September 22, 2018, Spy Pond Fun Day Demonstration

September 15, 2018 Arlington Town Day Booth

September 29, 2018 Zhen Ren Chuan Open House & Demonstration until 3:00PM

HOLIDAY POT LUCK GATHERING

November 13, 2018 6:30-8:30PM

CHILDREN'S SEMINARS

June 9, 2018 1:30-3:30PM; Nahant Beach Long Staff Lesson/Gathering-Entrance #15 (ages 7-14)

August 11, 2018 6:30-7:30PM; Kings Beach at Wallace Road & Lynn Shore Drive (Ages 5 & 6 with Parent)7, 2016 Arlington Town Day Booth